## A Process Documentation on Youth Led- Universal Periodic Review Report

## **Submitted By:**



Secretariat of the Youth Led- Universal Periodic Review Report Preparation, a consortium of 67 organizations working for the rights of youth

## **Supported by:**

Plan International Nepal and IM Swedish Development Partner















































































































































#### **ACKNOWLEDGEMENT-FOREWORD**

The First Youth-Led Universal Periodic Review (UPR) Report is an historical and pride milestone. Representing the collective voice, experiences, and aspirations of the youth from all seven provinces of the country, this report was forged through the Nepali youth, with technical support from YUWALAYA. After consulting with 291 young people, a total of 67 consortium partners, Plan International Nepal and IM Swedish Development Partner the human rights situation was assessed from a youth perspective with case sharing, storytelling, drama, poetry, art, group discussions, and contextual analysis.

Consultations were done in the provinces of Madhesh, Karnali, Lumbini, and Bagmati, while youths of Koshi, Gandaki, and Sudurpashchim, who reside in the federal capital, joined in and shared their perspectives. At every stage, intersectionality remained at the core of our work. Being able to comprise four champion teams, with three members from the young women-led CEDAW reporting experience and one from Plan International Nepal's Youth Advisory Council's member, has been deeply empowering. It has helped us gather knowledge, skills, and confidence to promote human rights advocacy. Our heartfelt gratitude goes to all those who supported us: the families, mentors, and friends who have lent us unwavering motivation and guidance all along.

This report intends to enable OHCHR to get to know the Nepali youth priorities, initiate dialogue with the Government of Nepal, and meaningfully engage in UPR concluding observations. We extend our sincere gratitude for the support and participation of these key stakeholders, including the National Human Rights Commission, the National Youth Council, the National Planning Commission, the Ministry of Women, Children and Senior Citizens, the Ministry of Education, the Ministry of Agriculture, Association of Municipalities of Nepal, the youth wings of major political parties, the NGO Coalition Secretariat for UPR, and INSEC.

Our sincerest thanks go towards Plan International Nepal for the technical and financial partnership without which this project would not have come to be. We especially thank Ms. Julie Gurung, Program Quality and Innovation Director, and Ms. Ashmita Thapa, Youth Coordinator, for their review and feedback on this report.

Finally, we acknowledge the hard work of Ms. Bhawana Bhatta, Mr. Dharma Rijal –President of Yuwalaya, Mr. Sanjeev Adhikari- Executive Director, Mr. Pramod Shrestha- Admin. & Finance Manager, Ms. Puspa Thapaliya- Project Coordinator, Ms. Bidhya Bista- Project Coordinator, Mr. Abinash Karki-Program Officer and Ms. Aarohi Adhikari-Program Associate.

Our faith in the potential of young people has been strengthened by this process. We pledge to work together and resolutely to oversee the UPR's execution and promote the rights of young women and all Nepali youths in the direction of a society that is more just and equal.

Write up Team Youth Champion - Sadikshya Nepal, Swastika Bakhrel, Sweekriti Dangi, Mabi Shrestha

#### LIST OF ABBREVIATIONS

CEDAW Convention on the Elimination of All Forms of Discrimination Against

Women

CSOs Civil Society Organizations FGD Focus Group Discussion

INSEC Informal Sector Service Centre – For Human Right & Social Justice

LGBTQIA+ Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, and other

sexual and gender identities

MoALD Ministry of Agriculture and Livestock Development
MoEST Ministry of Education, Science and Technology
MoWCSC Ministry of Women Children and Senior Citizen

MuAN Municipal Association of Nepal

NARMIN National Association of Rural Municipalities in Nepal

NGO Non-Governmental Organization NHRC National Human Rights Commission

NPC National Planning Commission

NYC National Youth Council

OHCHR Office of the High Commissioner for Human Rights

UN United Nations

UPR Universal Periodic Review

WSI Women Service Institute, Nepal

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## **CHAPTER 1: Introduction**

#### 1.1 The Context

The Universal Periodic Review (UPR) established by the UN Human Rights Council in 2006 is a mechanism to assess the human rights status of all members states every four and half years. It relies on three key documents: a national report submitted by the government detailing its efforts, a compilation of UN agency inputs, and a summary of stakeholder submissions, including reports from Civil Society Organizations (CSOs). The UPR aims to promote accountability, foster dialogue, and generate recommendations to advance human rights.

While government reports may emphasize achievements, independent submissions by CSOs provide an alternative, evidence-based perspective by highlighting overlooked issues, amplifying marginalized voices, and exposing gaps in official narratives. Developed through research, consultations, and testimonies, these reports track progress on past UPR commitments and propose actionable solutions. Submitted to the Office of the High Commissioner for Human Rights (OHCHR) before a country's review such as Nepal's deadline of July 17, 2025 CSOs reports help shape discussions and influence outcomes, serving as a vital advocacy tool. CSOs develop reports through research, consultations, and testimonies to ensure transparency and accountability in the review process. Unlike national reports, which may emphasize achievements while downplaying challenges, CSOs reports provide a grassroots-driven, objective assessment of human rights realities, particularly for marginalized communities such as women, youth, indigenous groups, and minorities.

As Nepal prepares for its 2026 Universal Periodic Review (UPR), youth perspectives, often underrepresented, are critical to ensuring a comprehensive and inclusive review. Recognizing this gap, YUWALAYA, in collaboration with youth-led and like-minded organizations, including the Women's Service Institute (WSI), and with collaboration from Plan International Nepal, led the development of the Youth-Led UPR Report 2025.

Through this initiative, Nepali youth documented and presented their concerns on issues such as education, employment, discrimination, access to services, and political participation. This effort ensured that young voices contributed meaningfully to the UPR process, strengthened accountability, and promoted inclusive human rights advocacy.

By facilitating youth engagement in the UPR, the initiative not only empowered youth leadership in human rights advocacy but also enhanced transparency and helped ensure a more inclusive and representative review of Nepal's human rights landscape.

## 1.2 Rational of the Report

Young people's human rights concerns are unquestionably under-represented in national and international human rights reporting mechanisms, particularly for those from marginalised and intersectional identities like girls, young women, LGBTQIA+ youth, youth with disabilities, Dalit, Madhesi, indigenous, and rural youth. Despite their importance, youth issues are frequently handled in a generalised or tokenistic way in the State Report and the majority of Stakeholders'/Alternative Reports under the Universal Periodic Review (UPR) process, frequently incorporating them into more general human rights narratives without giving enough attention to the needs, challenges, and recommendations unique to young people.

This is Nepal's first youth-led UPR report, and it was created entirely by young people between the ages of 16 to 35. They were actively involved at every stage of the process, from research and consultation to drafting, validation, and finalisation. This ground-breaking report's creation and submission not only closes a crucial gap in the representation of young people in human rights procedures, but it also represents a major advancement in the involvement of young people in global governance.

The overall objective for submitting this "Youth-Led UPR Report" is to influence the UPR Working Group and member states to recognise the human rights issues of young people and make sure that the Government of Nepal receives pertinent, youth-inclusive proposals. In this regard, following are the specific objectives:

- Highlight key human rights issues affecting Nepali youth such as education, employment, health, participation, digital rights, climate justice, equality and non-discrimination.
- Assess Nepal's progress on past UPR commitments related to youth, identify gaps in policy implementation and propose recommendations for policy improvements.

#### 1.3 Process Followed

Four young women led a groundbreaking initiative to drive youth led UPR report. These young women received capacity-building training on UPR and the UPR reporting process before the initiative began. This report has been prepared through four provincial level consultations and 3 provincial level consultation jointly reaching all seven provinces of Nepal engaging 20-25 participants from diverse backgrounds, offering a platform for youth to voice their concerns. All the provincial consultations were led by four young women. Based on the information collected from the provincial consultation and desk review, the final report has been prepared followed by a national level validation workshop involving the young people, government stakeholder's representative from National Planning Commission, National Human Rights Commission, National Women Commission, National Youth Council to validate the report. The final report has also incorporated the feedback and recommendations received during the validation workshop. Additionally, a meeting with youth-led organizations and civil society organizations (CSOs) was conducted to seek their solidarity in the Youth-led UPR reporting process. A Google Form was circulated nationwide to collect solidarity, resulting in support and solidarity from 67 organizations. We followed a step-by-step process to prepare this report. The table below provides the brief timeline of various steps of preparing and submitting this report:

| Table No. 1: Step-by-step of Youth-led UPR Reporting Process |  |                |  |  |
|--|--|----------------|--|--|
| S.N.   | Activities   | Date           |  |  |
| 1  | Youth Champions Selection  | 7-Apr-25       |  |  |
| 2  | Initial Meeting with Consortium  | 16-Apr-25      |  |  |
| 3  | Formation of youth champions Team  | 1-May-25       |  |  |
| 4  | Capacity building of youth champions   | 1 -2 May 2025  |  |  |
| 5  | Preparatory meeting with youth champions for preparation of provincial consultation workshop | 2-May-25       |  |  |
| 6  | Province Consultation workshop - Madhesh Province  | 12-14 May 2025 |  |  |
| 7  | Province Consultation workshop - Karnali Province  | 17-19 May 2025 |  |  |

| 8  | Province Consultation workshop - Bagmati Province  | 22-24 May 2025 |
|----|--|----------------|
| 9  | Province Consultation workshop - Lumbini Province  | 21-23 May 2025 |
| 10 | Province Consultation workshop - Koshi, Gandaki & Sudurpaschim Provinces                         | 3-Jun-25       |
| 11 | Focus Group Discussion with Youth  | 9-Jun-25       |
| 12 | Focus Group Discussion with representative of ministries, government and youth political leaders | 8-Jun-25       |
| 13 | National Level Workshop on Youth-led UPR Reporting for Validation                                | 20-Jun-25      |
| 14 | Submission of Report to UN   | 16 July 2025   |

## The succeeding sections provide details of the process:

#### 1.3.1. Formation of Young Women Champions

A team of four young women had been formed to lead the process of the preparation and submission of the youth led UPR report. Out of which 3 young women who were part of writing CEDAW Shadow Report were selected whereas one young woman from Youth Advisory Council member of Plan International Nepal's was selected as a Champions for youth led UPR report writing. The team members are Mabi Shrestha, Sadiksha Nepal, Sweekriti Dangi and Swastika Bakhrel

#### The Major Responsibilities of the Youth Champions team included:

- Attend all scheduled meetings and discussions related to the UPR reporting process.
- Facilitate consultation workshops with youth in designated provinces.
- Contribute expertise and insights to the drafting and review of UPR reports.
- Collaborate effectively with other committee members and stakeholders.
- Maintain confidentiality regarding sensitive information discussed during meetings

The Youth Champions Team incorporated all the inputs and feedback received from the Provincial Consultation workshop, focus group discussion and gave it a final shape, working closely with the consultant/mentor selected to complete this process.

#### 1.3.2. Capacity Building of Young Women Champions Team

A two-day capacity building training for young women was organized on 1 -2 May 2025, in order to capacitate selected young women for their involvement in the process of preparing and submitting the Youth Led UPR Report.

During the two-day training, the participants learned about the UPR, its importance and provisions, reporting cycle, skills on preparing UPR report and formulate the recommendations to make UPR report worthy, skills and procedures to conduct the provincial consultation and focus group discussion to collect the data and information to prepare the youth led UPR report. In addition, the training also provided the participants to express their views and opinions about issues of young women in their communities, the root causes and consequences the situation has brought. They shared their opinion about roles of individual, family, community, schools and Governments at all three levels in Nepal. Further, they also developed an action plan for carrying out provincial consultations in their respective provinces. Ms. Bhawana Bhatta, Human Rights Lawyer and Social Activist facilitated the two-days training sessions.

#### 1.3.3. Focus Group Discussion

As part of the Youth-led UPR Report 2025 preparation, two Focus Group Discussions (FGDs) were conducted to collect inclusive and evidence-based insights on youth-related human rights issues. The first FGD engaged youth representatives from marginalized rural communities, where participants shared context-specific challenges, including limited access to essential services, opportunities, and meaningful participation in public life. The second FGD brought together representatives from relevant government and ministries representatives from MoEST, MoALD, MoWCSC, NYC, NPC, NARMIN, MuAN, youth-focused institutions, and youth political leaders from various party wings. This discussion focused on existing youth-related policies, legal frameworks, institutional structures, and programmatic responses, while also identifying gaps and areas for improvement. Together, these FGDs created a valuable platform for connecting grassroots experiences with institutional perspectives, significantly enriching the depth and credibility of the Youth-led UPR Report. Both consultations highlighted that, despite some progress, meaningful youth engagement in governance and decision-making processes remains limited, underscoring the urgent need for stronger institutional commitment and accountability across all levels of government.

#### 1.3.4. Provincial Consultation

A two-day provincial consultation workshop was organized in Madesh, Bagmati, Lumbini and Karnali provinces whereas joint consultation with youth residing at Kathmandu from Koshi, Gandaki and Sudurpaschim province was conducted. 25-30 youth participants from respective provinces. The provincial consultation covered an introduction to UPR, its provisions, and its importance. The participants were engaged in various activities, including quizzes, group discussions, brainstorming, games, and creative exercises to raise youth issues, such as writing poems, songs, drawings, and drama. The participants were encouraged to present their creative performances in their local language to reflect their real stories based on their experiences. The 'Problem Tree Analysis' were used to identify issues, root causes, contributing factors, and consequences. Different group exercises were conducted to identify recommendations in the form of roles for individuals, families, the government, and the media.

All the provincial consultation was led and facilitated by the team of young women Champions.

#### 1.3.5. National Validation Workshop

After completing the provincial consultations and preparing a draft report based on the issues and recommendations gathered from all the provincial consultations, a one-day national validation workshop was held in Kathmandu on 20 June 2025.

More than 74, including the youth representatives from different provinces, representatives of the consortium members and stakeholders participated in the validation workshop. Similarly, representatives from the National Human Rights Commission, National Youth Council and INSEC participated and appreciated the process led by youth and made a commitment to contribute to the implementation of the recommendations of the Youth led UPR Report.

In the validation workshop, the final draft report was presented, and participants were divided into thematic areas to review the report and provide their feedback. After thorough group discussions, participants identified areas for improvement in the report, including key concerns and recommendations that had been missed. Following this, the report was endorsed, with a commitment to incorporate the feedback into the final report.

#### 1.3.6. Finalization and Submission of Report

Following the feedback and input received from the National Validation Workshop, the report underwent a thorough review process. Each feedback was carefully reviewed, and the necessary revisions were made to ensure that all concerns, suggestions, and recommendations were adequately addressed. The team worked collaboratively to ensure that the report reflected the perspectives of youth and accurately captured the key issues raised during the consultations.

Once the revisions were incorporated, the report was further refined and aligned with the feedback to enhance its clarity and impact. The final version was then reviewed once again for quality assurance, ensuring it was comprehensive, coherent, and aligned with the goals of promoting youths' rights in Nepal through UPR. It was then prepared for submission to the United Nations High Commissioner for Human Rights (OHCHR), with all necessary documentation and supporting materials in place.

#### 1.3.7. Involvement by youth by Age and Sex

A total of 291 youths were directly involved in the process. Among them, 159 were female, 123 were male and 9 were from gender and sexual minorities. The table below provides details of participants by age-group and sex:

**Table No. 2: Age and Sex-wise Composition of Participants** 

| Age-Group | Total Number of female | Total Number of male | Total Number of Gender and Sexual Minorities | Total |
|-----------|------------------------|----------------------|--|-------|
| 16 - 24   | 106                    | 62                   | 5  | 173   |
| 25 - 35   | 36                     | 44                   | 4  | 84    |
| Above 36  | 17                     | 17                   | 0  | 34    |
| Total     | 159                    | 123                  | 9  | 291   |

More than 59 percent of the participants were aged 16 - 24.

### 1.3.8. Involvement by Geography

The process of preparing this report actively involved youth from all seven provinces of Nepal, ensuring a diverse and inclusive representation of perspectives and experiences. Young people from various geographical, age, and social backgrounds were engaged throughout the process, enabling a comprehensive understanding of the unique challenges faced by youth across the country. The table below shows the details:

**Table No. 3: Province-wise Representation** 

| Provinces                | Total<br>Number of<br>Females | Total<br>Number of<br>Males | Total Number of<br>Gender and Sexual<br>Minorities | Total |  |  |  |
|--------------------------|-------------------------------|-----------------------------|--|-------|--|--|--|
| Province No. 1 (Koshi)   |                               |                             |  |       |  |  |  |
| Province No. 4 (Gandaki) |                               |                             |  |       |  |  |  |
| Province No. 7           |                               |                             |  |       |  |  |  |
| (Sudurpashchim)          | 24                            | 12                          | 0  | 36    |  |  |  |

| Province No. 2 (Madhesh) | 15  | 10  | 2 | 27  |
|--------------------------|-----|-----|---|-----|
| Province No. 3 (Bagmati) | 14  | 9   | 0 | 23  |
| Province No. 5 (Lumbini) | 13  | 9   | 2 | 24  |
| Province No. 6 (Karnali) | 18  | 9   | 2 | 29  |
| Focus Group Discussion   |     |     |   |     |
| (FGD)                    | 11  | 27  | 0 | 38  |
| National Validation      |     |     |   |     |
| workshop                 | 40  | 31  | 3 | 74  |
| Total                    | 135 | 107 | 9 | 251 |

A total of 251 youth participated in the Youth-led UPR process, including 135 females, 107 males, and 9 gender and sexual minorities. A joint consultation was held for Koshi, Gandaki, and Sudurpashchim provinces, with 36 participants. Other provincial participation numbers were Madhesh (27), Bagmati (23), Lumbini (24), and Karnali (29). Additionally, 38 participants took part in Focus Group Discussions (FGDs). Similarly, a total of 74 representatives participated in the National Validation Workshop.

## 1.3.9. Involvement by Ethnography

During the consultation workshops, youth from diverse castes and ethnic backgrounds were actively engaged. The table below provides the details of the same:

**Table No. 4: Caste/Ethnicity of Participants** 

| Caste/Ethnic<br>Communities              | Total Number of female | Total<br>Number of<br>male | Total Number of<br>Gender and Sexual<br>Minorities | Total |
|--|------------------------|----------------------------|--|-------|
| Brahmin, Kshetri,<br>Thakuri and Dasnami | 95                     |                            |  |       |
| communities                              | 75                     | 73                         | 3  | 171   |
| Ethnic Communities                       | 44                     | 26                         | 3  | 73    |
| Dalit Communities                        | 7                      | 13                         | 0  | 20    |
| Madheshi Communities                     | 7                      | 8                          | 2  | 17    |
| Musalman community                       | 4                      | 3                          | 1  | 8     |
| Other                                    | 2                      | 0                          | 0  | 2     |
| Total                                    | 159                    | 123                        | 9  | 291   |

#### 1.3.10. Involvement of youth with Disabilities

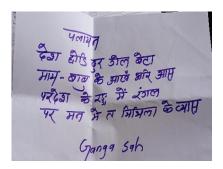
A special consultation with youth participants with various types of disabilities was conducted as part of this process. In total, 7 youth with disabilities were involved in the consultation process.

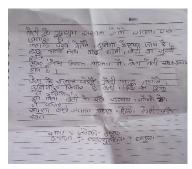
## 1.4. Participation through Creative Writing

It was already mentioned that following every consultation workshop session, an hour and half was designated for the participants to express their views and opinion through creative writing/arts. It was totally voluntary for the participants as not all participants may have interest in creative writing. As such, the participants expressed their views and opinion on the status of young women

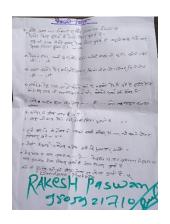
and implementation of their rights through case study, story, poem, drama, drawing and so on. The details of creative writings written on various issues, received are as follows:













**Table No. 5: Creative Writing Details** 

| S.N | Form of Creative Writing | Number |
|-----|--------------------------|--------|
| 1   | Poem                     | 12     |
| 2   | Story                    | 3      |
| 3   | Drawing                  | 4      |
| 4   | Drama                    | 1      |
| 5   | Song                     | 8      |
| 6   | Case story               | 2      |
| •   | Total                    | 30     |

In total, 30 creative writings were received from 5 provincial consultation workshops and national validation workshops. Out of these, 12 were poems, 3 were stories, 4 were drawings, 1 was drama, 8 were songs, and 2 were case stories.

## 1.5 Experiences from consultation workshop

The consultation workshops that were held as part of the Youth-Led UPR process were transformative change for both participants and facilitators. Many young people were first exposed to the Universal Periodic Review (UPR) system and more general human rights

frameworks for the first time, especially girls and young women. The workshops gave them a chance to learn about their rights, which include those related to education, employment, sexual and reproductive health, governance, and government participation.

The sessions, which were led by four young women champions, encouraged a setting that was secure, welcoming, and youth friendly. Participants reflected that the consultation has greatly increased their comprehension of international human rights processes of UPR. Through interactive methods like problem tree analysis, gallery walks, and creative arts, they valued the opportunity to share personal tales, pinpoint the underlying causes of violations, and participate in collaborative solutions.

These consultations were actively participated in by youth from diverse backgrounds, including members of gender and sexual minorities, people with disabilities, and marginalized caste/ethnic groups. This comprehensive involvement bolstered youth cohesion and added diverse viewpoints to the findings. Many participants said they were proud to have been a part of a historic youth-led process that represented their real-life experiences.

Participants in the youth-led UPR consultation workshops reported developing a deeper understanding in many of human rights issues impacting their communities, and the workshops provided a potent forum for learning, introspection, and expression. In addition to raising their understanding of the UPR procedure and the value of civic participation, the sessions gave them the confidence to express their concerns in a creative way through plays, poems, and drawings. The workshops gave young people a strong sense of ownership over the human rights conversation, going far beyond standard consultation. They left them with more knowledge, more self-assurance, and a renewed resolve to fight for justice, accountability, and inclusion at the local and national levels.

### **Roles and Responsibilities**

- YUWALAYA: Lead the overall preparation and submission of the report to the UN, coordinate all activities, and manage budgetary and non-budgetary aspects.
- Consortium Members: Provide technical and financial support, attend meetings and workshops, contribute data and information, and offer regular feedback on the report's progress.
- Women Service Institute: Provide technical guidance, assign a report lead, and support youth champions throughout the process.
- **IM Swedish Development Partner:** Offer financial support for consultations in Lumbini province, as well as a Focus Group Discussion (FGD) with youth.
- **Plan International Nepal:** Offer financial support for consultations in Madhesh, Karnali and Bagmati provinces, joint consultation of Koshi, Gandaki and Sudurpaschim provinces, FGD, as well as a national validation workshop, and provide technical support for report completion.

#### **Outcomes:**

• In total 251 youth are directly engaged in Youth Led UPR Process, they build the capacity on UN mechanism and Human rights instrument, which was measured by pre and posttest.

- Sixty-Seven youth led organizations came together, built a coalition for the same cause and analyzed human rights and youth rights situation from a youth perspective.
- Youth related government institutions and concern stakeholders realized the importance of inter-ministerial meetings on youth agendas; had provision on National Youth Policy to have frequent coordination meetings, which is yet to formally function.
- The initiative will ensure that youth issues are prominently represented in Nepal's UPR process, promoting youth leadership, advocating for policy improvements, and promoting accountability for human rights.

The Youth-led UPR Report 2025 is a critical initiative to ensure that youth issues are prominently represented in Nepal's UPR process. This initiative will contribute to a more inclusive and transparent human rights review by fostering youth leadership, advocating for policy improvements, and promoting accountability in Nepal. Yuwalaya remains committed to empowering Nepali youth and ensuring their voices are heard in global human rights discussions, making the UPR process more comprehensive and impactful.

## 1.6 Experiences of Young Women Champions

#### Mabi



My involvement in the Youth-Led UPR process in Karnali marked a powerful chapter in my human rights journey, where I witnessed the strength of collective youth advocacy in action. Building on my prior experience contributing to the Young Women-led CEDAW Shadow Report, I approached the UPR with a sharpened perspective on gender equality and intersectionality. The provincial consultation was not just a dialogue—it was a vibrant exchange of lived realities. One of the most impactful moments was a drama performed by local youth that vividly illustrated the discrimination faced by the LGBTIQ+ community in Nepal. It reminded me how creative

expression can convey truths that words alone often cannot. The consultation delved into deeply rooted issues, from caste- and disability-based discrimination to shrinking civic space and the environmental challenges affecting rural communities. What set the UPR process apart was its inclusive scope—while CEDAW focused on women's rights, the UPR allowed us to explore broader systemic gaps through the lens of all youth yet still elevate the gendered dimensions I had engaged with previously. Presenting our findings during the National Validation Consultation gave me the opportunity to help shape national-level recommendations grounded in grassroots realities. These two reporting processes—CEDAW and UPR—taught me that young people, especially young women, are not only capable of leading rights-based documentation but are essential in redefining whose voices are heard in national and global human rights arenas.

#### Sadiksha



Serving as a youth champion in the Youth-led Universal Periodic Review (UPR) process was one of the most powerful and eye-opening experiences in my journey as a young human rights advocate. Building on my earlier involvement in the Young Women-led CEDAW Shadow Report, I was able to bring both a gender lens and a strong rights-based perspective to the broader UPR process. As a provincial facilitator, I worked closely with diverse groups of young people—especially young

women from marginalized communities—to gather their lived realities on critical issues like gender-based violence, SRHR, education, child marriage, climate justice, and meaningful youth participation. The process demanded deep listening, empathy, and the ability to transform voices into structured, evidence-based documentation. Contributing to the drafting of the Youth-led UPR report not only strengthened my technical skills in policy analysis and human rights reporting but also deepened my commitment to amplifying youth voices in decision-making spaces. This experience reaffirmed that when young people—particularly young women—are trusted with

leadership, we don't just participate; we lead movements, shape policy, and demand accountability from the ground up to the global stage.

#### **Sweekriti**



Being part of Nepal's first Youth-led UPR reporting process was a truly transformative experience—one that allowed me to grow both personally and professionally as a young human rights advocate. From the very beginning, I was trusted with responsibilities that pushed me to lead, listen, and learn. Having already contributed to the Young Women-led CEDAW Shadow Report, I carried forward a strong foundation in gender-sensitive analysis, which proved invaluable as I facilitated consultations in Lumbini Province for

the UPR process. This opportunity allowed me to connect directly with young people across communities, hear their realities, and ensure their voices were documented with care and accuracy. Hosting the national validation workshop was another proud moment—seeing the journey come full circle, with diverse youth perspectives brought into a unified national report. The entire process sharpened my facilitation and leadership skills, but more importantly, it reaffirmed the power of youth-led advocacy in national and international human rights spaces. This experience has left a lasting impact on my commitment to advancing youth voices, especially those of young women, in shaping policies that affect our lives.

#### **Swastika**



My journey in social work began at age 12 through a child club in my village. Despite initial challenges due to traditional norms limiting girls' participation, I gradually gained support and went on to lead the club. Over the years, I served in various leadership roles at municipal and district levels, and later as president of the municipal adolescent girls' network and a central member of the National Adolescent Girls' Network. I've actively worked on issues like child marriage, menstrual health, gender-based violence, and climate change, coordinating closely with local governments. These experiences helped me deeply understand the human rights challenges faced

by youth.

Being selected as a Youth Champion for the Youth-led UPR Report was a transformative experience. Though the UPR was new to me, the issues it addresses—education, participation, safety, and equality—were already part of my advocacy work. Through this process, I connected my local activism with global human rights mechanisms, learned valuable skills, and contributed to raising real youth voices in the report. I am proud to have been part of this initiative and hope our efforts help bring about meaningful change for young people in Nepal.

## Annexes

# **Annex I : List of Young Women Champions**

| S.N | Name      | Age      |
|-----|-----------|----------|
| 1   | Mabi      | 22 years |
| 2   | Sadiksha  | 21 years |
| 3   | Swastika  | 23 years |
| 4   | Sweekriti | 23 years |

## **Annex II List of Consortium Members**

|    | Consortium Member Organization's Name                       | Province     | District       |
|----|---|--------------|----------------|
| 1  | Aawaaj  | Karnali      | Surkhet        |
| 2  | All In Foundation   | Bagmati      | Kathmandu      |
| 3  | Baitadi Yuwa Samaj  | Sudurpaschim | Baitadi        |
| 4  | Bal Kalyan Sammaj   | Bagmati      | Makawanpur     |
| 5  | Barahathawa Youth Panel                                     | Madhesh      | Sarlahi        |
| 6  | Blind Youth Association Nepal (BYAN)                        | Bagmati      | Kathmandu      |
|    | Center for Karnali Rural Promote and Society Development    |              |                |
| 7  | (CDS-PARK)  | Karnali      | Mugu           |
| 8  | Chandra Jyoti Integrated Rural Development Society (CIRDS)  | Bagmati      | Dhading        |
| 9  | Children as Zone of Peace (CZOP)-National Campaign          | Bagmati      | Kathmandu      |
| 10 | CLEAN UP NEPAL  | Bagmati      | Kathmandu      |
| 11 | Community Family Welfare Association (CFWA)                 | Madhesh      | Dhanusha       |
| 12 | Community Rural Development Society Nepal (CRDS Nepal)      | Sudurpaschim | Darchula       |
| 13 | Concern Society Nepal                                       | Bagmati      | Kavrepalanchok |
| 14 | CWIN-Nepal  | Bagmati      | Kathmandu      |
| 15 | Dalit Development Society (DDS)                             | Karnali      | Salyan         |
| 16 | Federation of sexual and gender minorities of Nepal (FSGMN) | Bagmati      | Kathmandu      |
| 17 | For The One   | Bagmati      | Lalitpur       |
| 18 | Forum For Community Upliftment System (FOCUS) Nepal         | Bagmati      | Dhading        |
| 19 | Freed Kamalari Development Forum (FKDF)                     | Lumbini      | Dang           |
| 20 | Girls Empowered by Travel - Nepal                           | Bagmati      | Kathmandu      |
| 21 | Girls Kick  | Bagmati      | Kathmandu      |
| 22 | Girls Not Brides (GNB) Nepal                                | Bagmati      | Lalitpur       |
| 23 | Gujara Nagar Youth Club                                     | Madhesh      | Rautahat       |
| 24 | Hami Daju Vai   | Bagmati      | Lalitpur       |
| 25 | Human Rights Film Center                                    | Bagmati      | Kathmandu      |
|    | Institute for Development of Environmental, Economic And    |              |                |
| 26 | Social Sustainability (IDEAS)                               | Gandaki      | Kaski          |
| 27 | Jagriti Child and Youth Concern Nepal (JCYCN)               | Gandaki      | Nawalpur       |
| 28 | Janaki Women Awareness Society (JWAS)                       | Madhesh      | Dhanusha       |
| 29 | Kapilvastu Integrated Development Services (KIDS)           | Lumbini      | Kapilvastu     |

| 30 | Kayapalat   | Madhesh      | Dhanusha  |
|----|---|--------------|-----------|
| 31 | Khadak Nagar Youth Club Network                     | Madhesh      | Saptari   |
| 32 | Kohalpur municipality level youth club network      | Lumbini      | Banke     |
| 33 | Legal and social development center (LSDC)          | Karnali      | Surkhet   |
| 34 | Legal Literacy - Nepal                              | Bagmati      | Kathmandu |
| 35 | Leo Club of Palpa - II                              | Lumbini      | Palpa     |
|    | Madhesh Indigenous Disabled Women Association Nepal |              |           |
| 36 | (MIDWAN)  | Madhesh      | Dhanusha  |
| 37 | Manav Swasthya Samaj, Dang                          | Lumbini      | Danga     |
| 38 | Namaste Nepal                                       | Lumbini      | Rupandehi |
| 39 | National Adolescent Boy's Network Nepal             | Bagmati      | Kathmandu |
| 40 | National Adolescent Girls Network (NAGN)            | Bagmati      | Kathmandu |
| 41 | Nepal UNITES  | Bagmati      | Kathmandu |
| 42 | Playing For Change (PCF)                            | Karnali      | Surkhet   |
|    | Prayatnashil Community Development Society (PRAYAS  |              |           |
| 43 | Nepal)  | Bagmati      | Dhading   |
| 44 | Rural Women Upliftment Association (RWUA)           | Madhesh      | Sarlahi   |
| 45 | Saathi  | Bagmati      | Lalitpur  |
| 46 | Sahid Smriti Youth Club                             | Karnali      | Jajarkot  |
| 47 | SAMBANDHA Nepal                                     | Karnali      | Dailekh   |
| 48 | Smart Cheli   | Bagmati      | Lalitpur  |
| 49 | Social Changemakers and Innovators (SOCHAI)         | Bagmati      | Kathmandu |
| 50 | Soiya Mahila Sawalambi Sanstha                      | Lumbini      | Rupandehi |
| 51 | SOSEC Nepal   | Bagmati      | Dailekh   |
| 52 | Tanneri Chaso                                       | Bagmati      | Kathmandu |
| 53 | Unnati Nepal  | Bagmati      | Kathmandu |
| 54 | Visible Impact                                      | Bagmati      | Kathmandu |
| 55 | Wardlevel Youth Club LMC-21, Khokana                | Bagmati      | Lalitpur  |
| 56 | We For Change                                       | Bagmati      | Kathmandu |
| 57 | WOREC   | Bagmati      | Lalitpur  |
| 58 | World Food Forum Nepal                              | Bagmati      | Lalitpur  |
| 59 | YoSHAN  | Bagmati      | Kathmandu |
| 60 | Youth Alliance for Development (YARD)               | Sudurpaschim | Dhangadhi |
| 61 | Youth Along Voice- Nepal (YAV-Nepal)                | Bagmati      | Bhaktapur |
| 62 | Youth Development Center                            | Koshi        | Sunsari   |
| 63 | Youth ECHO NEPAL                                    | Bagmati      | Bhaktapur |
| 64 | Youth Initiative                                    | Bagmati      | Kathmandu |
| 65 | Youth Learning Lab                                  | Bagmati      | Lalitpur  |
| 66 | Youth Thinkers' Society                             | Bagmati      | Kathmandu |
| 67 | Yuwa  | Bagmati      | Kathmandu |

**Annex III: Participants List of Provincial Consultation Workshops** 

Provincial Consultation of Koshi, Gandaki and Sudurpaschim Provinces

| S.N | incial Consultation of Ko   | Gende  | idani dia sac |              |            |              |
|-----|-----------------------------|--------|---------------|--------------|------------|--------------|
| •   | Full Name                   |        | Age           | Ethnic Group | Disability | Province     |
| 1   | Neha Rai                    | Female | 16-18         | Janajati     | No         | Koshi        |
| 2   | Helena Kerungi              | Female | 19-24         | Janajati     | No         | Koshi        |
| 3   | Sagar Ghale                 | Male   | 19-24         | Janajati     | No         | Koshi        |
| 4   | Anita Bardewa               | Female | 19-24         | Janajati     | No         | Koshi        |
| 5   | Rabina Karki                | Female | 19-24         | Chhetri      | No         | Koshi        |
| 6   | Mamila Magar                | Female | 19-24         | Janajati     | No         | Koshi        |
| 7   | Sristi Dahal                | Female | 19-24         | Brahmin      | No         | Koshi        |
| 8   | Sanvi Deuja                 | Female | 19-24         | Chhetri      | No         | Koshi        |
| 9   | Pratyush Lagun              | Male   | 19-24         | Dalit        | No         | Koshi        |
| 10  | Smriti Rai                  | Female | 16-18         | Janajati     | No         | Koshi        |
| 11  | Purnima Rajbanshi           | Female | 19-24         | Janajati     | No         | Koshi        |
| 12  | Krishna Prasad<br>Bhattarai | Male   | 19-24         | Brahmin      | No         | Koshi        |
|     | Suryaman Tamang             | Male   | 25-30         | Janajati     | No         | Koshi        |
|     | Isha Pun                    | Female | 19-24         | Janajati     | No         | Gandaki      |
| 15  | Alisha Ghimire              | Female | 16-18         | Brahmin      | No         | Gandaki      |
| 16  | Ranjana Shrestha            | Female | 25-30         | Janajati     | No         | Gandaki      |
| 17  | Ayushma Shrestha            | Female | 19-24         | Janajati     | No         | Gandaki      |
| 18  | Sahara Sherchan             | Female | 19-24         | Janajati     | No         | Gandaki      |
| 19  | Aayushma Chhetri            | Female | 19-24         | Chhetri      | No         | Gandaki      |
| 20  | Parbati Sangraula           | Female | 19-24         | Brahmin      | No         | Gandaki      |
| 21  | Asmita Poudel               | Female | 19-24         | Brahmin      | No         | Gandaki      |
| 22  | Yogendra Pun Magar          | Male   | 19-24         | Janajati     | No         | Gandaki      |
| 23  | Subash Adhikari             | Male   | 25-30         | Brahmin      | No         | Gandaki      |
| 24  | Purnika Ojha                | Female | 19-24         | Brahmin      | No         | Sudurpaschim |
| 25  | Puja Bhul                   | Female | 16-18         | Chhetri      | No         | Sudurpaschim |
| 26  | Bibek Jung Shahi            | Male   | 19-24         | Chhetri      | No         | Sudurpaschim |
| 27  | Lok Raj BC                  | Male   | 19-24         | Dalit        | No         | Sudurpaschim |
| 28  | Kiran Neupane               | Male   | 19-24         | Brahmin      | No         | Sudurpaschim |
| 29  | Surakshya Pahari            | Female | 19-24         | Janajati     | No         | Bagmati      |
| 30  | Bhawana Bhatta              | Female | 36-40         | Brahmin      | No         | Bagmati      |
| 31  | Dipendra Malla              | Male   | 25-30         | Brahmin      | No         | Bagmati      |
| 32  | Udhav Dangol                | Male   | 36-40         | Janajati     | No         | Bagmati      |
| 33  | Puspa Thapaliya             | Female | 25-30         | Brahmin      | No         | Bagmati      |

| 34 | Sadiksha Nepal  | Female | 19-24 | Brahmin  | No | Bagmati |
|----|-----------------|--------|-------|----------|----|---------|
| 35 | Pramod shrestha | Male   | 36-40 | Janajati | No | Bagmati |
| 36 | Sweekriti Dangi | Female | 19-24 | Chhetri  | No | Bagmati |

## **Provincial Consultation in Madhesh Province**

| S.N. | FullName               | Gender | Age   | Ethnic Group     | Disability |
|------|------------------------|--------|-------|------------------|------------|
| 1    | MD. Nayim Rain         | Male   | 19-24 | Muslim           | No         |
| 2    | Ganga Sah              | Female | 19-24 | Madhesi          | No         |
| 3    | Aarti Kumari Mishra    | Female | 19-24 | Brahmin          | No         |
| 4    | Gunjan Kri Yadav       | Female | 19-24 | Madhesi          | No         |
| 5    | Abdul salam            | Male   | 19-24 | Muslim           | No         |
| 6    | Rakesh paswan          | Male   | 19-24 | Dalit            | No         |
| 7    | Mohan Ray              | Male   | 25-30 | Madhesi          | No         |
| 8    | Jitendra Kumar Mandal  | Male   | 16-18 | Madhesi          | No         |
| 9    | Jyoti Thakur           | Female | 19-24 | Madhesi          | No         |
| 10   | Sneha Sah              | Female | 16-18 | Madhesi          | No         |
| 11   | Ramnaresh Ray          | Male   | 25-30 | Madhesi          | No         |
| 12   | Dipendra Malla         | Male   | 31-35 | Brahmin          | No         |
| 13   | Shambhar Subedi        | Male   | 31-35 | Brahmin          | No         |
| 14   | Rahul Kumar Sah        | Male   | 25-30 | Madhesi          | No         |
| 15   | Gulishta Parveen       | Female | 19-24 | Muslim           | No         |
| 16   | Bandana Mahara         | Female | 19-24 | Madhesi          | No         |
| 17   | Bipasha Sah            | Female | 19-24 | Madhesi          | No         |
| 18   | Niray Kumar Sah        | Male   | 19-24 | Madhesi          | No         |
| 19   | Sweta Yadav            | Female | 19-24 | Madhesi          | No         |
| 20   | Phaeja Phahmida        | Female | 19-24 | Madheshi, Muslim | No         |
| 21   | Shanti Kumari Chaudary | Female | 25-30 | Janajati         | No         |
| 22   | Roman Yadav            | Other  | 19-24 | Madhesi          | No         |
| 23   | Sadiksha Nepal         | Female | 19-24 | Brahmin          | No         |
| 24   | Dipika Lama            | Female | 19-24 | Janajati         | Yes        |
| 25   | Hema Yadav             | Other  | 19-24 | Madhesi          | No         |
| 26   | Bhawana Bhatta         | Female | 36-40 | Brahmin          | No         |
| 27   | Puspa Thapaliya        | Female | 25-30 | Brahmin          | No         |

## **Provincial Consultation in Bagmati Province**

|      | E               |        |       |              |            |
|------|-----------------|--------|-------|--------------|------------|
| S.N. | FullName        | Gender | Age   | Ethnic Group | Disability |
| 1    | Smarika Pokhrel | Female | 19-24 | Brahmin      | Yes        |
| 2    | Chetana Tamang  | Female | 19-24 | Janajati     | No         |
| 3    | Asmita Khatri   | Female | 19-24 | Chhetri      | No         |
| 4    | Soham Sonar     | Male   | 25-30 | Dalit        | No         |
| 5    | Mana Shrestha   | Female | 25-30 | Janajati     | Yes        |

| 6  | Mahendra Tamanag   | Male   | 19-24 | Janajati | No |
|----|--------------------|--------|-------|----------|----|
| 7  | Ramchandra Gajurel | Male   | 25-30 | Brahmin  | No |
| 8  | Saduka Pandey      | Female | 19-24 | Brahmin  | No |
| 9  | Suraksha Bal Lama  | Female | 19-24 | Janajati | No |
| 10 | Shambhav Subedi    | Male   | 25-30 | Brahmin  | No |
| 11 | Ashish Panta       | Male   | 19-24 | Brahmin  | No |
| 12 | Firoj Khadka       | Male   | 19-24 | Chhetri  | No |
| 13 | Rabin Rijal        | Male   | 19-24 | Brahmin  | No |
| 14 | Nitesh Gautam      | Male   | 19-24 | Brahmin  | No |
| 15 | Saru Joshi         | Female | 19-24 | Janajati | No |
| 16 | Manisha Kafle      | Female | 19-24 | Brahmin  | No |
| 17 | Ramana Neupane     | Female | 19-24 | Brahmin  | No |
| 18 | Roji Shrestha      | Female | 19-24 | Janajati | No |
| 19 | Abhinash Karki     | Male   | 25-30 | Chhetri  | No |
| 20 | Surakshya Pahari   | Female | 19-24 | Janajati | No |
| 21 | Puspa Thapaliya    | Female | 25-30 | Brahmin  | No |
| 22 | Bhawana Bhatta     | Female | 36-40 | Brahmin  | No |
| 23 | Swastika Bakhrel   | Female | 19-24 | Brahmin  | No |

## **Provincial Consultation in Lumbini Province**

| S.N. | FullName            | Gender | Age   | Ethnic Group | Disability |
|------|---------------------|--------|-------|--------------|------------|
| 1    | Manish Phullel      | Male   | 19-24 | Brahmin      | No         |
| 2    | Meghraj Bashyal     | Male   | 25-30 | Brahmin      | No         |
| 3    | Santosh Sunar       | Male   | 19-24 | Dalit        | No         |
| 4    | Paban KC            | Male   | 19-24 | Chhetri      | No         |
| 5    | Lalit Budha Magar   | Male   | 19-24 | Janajati     | No         |
| 6    | Pratima Sharma      | Female | 19-24 | Brahmin      | No         |
| 7    | Ramal Pun           | Female | 25-30 | Janajati     | No         |
| 8    | Aasha Chaudhary     | Female | 19-24 | Janajati     | No         |
| 9    | Rita BK             | Female | 16-18 | Dalit        | No         |
| 10   | Elina Mahara        | Female | 16-18 | Chhetri      | No         |
| 11   | Ranjeet Kumar Lohar | Male   | 25-30 | Madhesi      | No         |
| 12   | Ramesh Wor          | Male   | 19-24 | Dalit        | No         |
| 13   | Sunita Harijan      | Female | 19-24 | Dalit        | No         |
| 14   | Ranjita Chaudhary   | Female | 16-18 | Janajati     | No         |
| 15   | Sahil Ansari        | Male   | 19-24 | Muslim       | No         |
| 16   | Mamata KC           | Other  | 25-30 | Brahmin      | No         |
| 17   | Junu Chaudhary      | Other  | 25-30 | Janajati     | No         |
| 18   | Sadhiya Khatoon     | Female | 19-24 | Muslim       | No         |
| 19   | Sneha Giri          | Female | 19-24 | Janajati     | No         |
| 20   | Smriti GC           | Female | 19-24 | Chhetri      | No         |

| 21 | Prabin Chaudhary | Male   | 19-24 | Janajati | Yes |
|----|------------------|--------|-------|----------|-----|
| 22 | Sweekriti Dangi  | Female | 19-24 | Chhetri  | No  |
| 23 | Bidhya Bista     | Female | 19-24 | Chhetri  | No  |
| 24 | Manisha Dhital   | Female | 19-24 | Brahmin  | No  |

## **Provincial Consultation in Karnali Province**

| S.N. | FullName                | Gender | Age   | Ethnic Group | Disability |
|------|-------------------------|--------|-------|--------------|------------|
| 1    | Ganesh Kumar Dangi      | Male   | 19-24 | Chhetri      | No         |
| 2    | Dip Bahadur Sunar Humla | Male   | 19-24 | Dalit        | No         |
| 3    | Dhanmaya Roka           | Female | 19-24 | Chhetri      | No         |
| 4    | Kabita Rokaya           | Female | 19-24 | Chhetri      | No         |
| 5    | Lila Basnet             | Female | 19-24 | Chhetri      | No         |
| 6    | Sirjana Kumari Sanjyal  | Female | 19-24 | Dalit        | No         |
| 7    | Satya Upadhayay         | Female | 19-24 | Brahmin      | No         |
| 8    | Monika Kumari Budha     | Female | 19-24 | Chhetri      | No         |
| 9    | Lalisara Gharti Magar   | Female | 25-30 | Janajati     | Yes        |
| 10   | Deckey Angmu Tamang     | Male   | 19-24 | Janajati     | No         |
| 11   | Bipana Neupane          | Female | 19-24 | Brahmin      | No         |
| 12   | Janaki Budha            | Female | 19-24 | Chhetri      | No         |
| 13   | Yubaras Rokaya          | Male   | 19-24 | Chhetri      | No         |
| 14   | Bishnu Prasad Gautam    | Male   | 25-30 | Brahmin      | No         |
| 15   | Rukmini Acharya         | Female | 19-24 | Brahmin      | No         |
| 16   | Bimala Shahi            | Female | 19-24 | Chhetri      | No         |
| 17   | Tapendra Paudel         | Male   | 19-24 | Brahmin      | No         |
| 18   | Rajesh Thapa            | Male   | 19-24 | Chhetri      | No         |
| 19   | Puspa Thapaliya         | Female | 25-30 | Brahmin      | No         |
| 20   | Mabi Shrestha           | Female | 19-24 | Janajati     | No         |
| 21   | Bhawana Bhatta          | Female | 36-40 | Brahmin      | No         |
| 22   | Manisha Chand           | Female | 19-24 | Chhetri      | No         |
| 23   | Sirjana Budhathoki      | Female | 25-30 | Chhetri      | No         |
| 24   | Ek-Ray Rokaya           | Male   | 16-18 | Chhetri      | No         |
| 25   | Ranis Gaks              | Other  | 19-24 | Muslim       | No         |
| 26   | Sanzeeta Magar          | Female | 16-18 | Janajati     | No         |
| 27   | Shambhav Subedi         | Male   | 25-30 | Brahmin      | No         |
| 28   | Anjali B.L.             | Other  | 31-35 | Chhetri      | No         |
| 29   | Sushila Badi            | Female | 19-24 | Dalit        | No         |

# **Focus Group Discussion with Youth Representatives**

| S.N. | FullName     | Gender | Age   | Ethinicity | Disability |
|------|--------------|--------|-------|------------|------------|
| 1    | Bibek Bohara | Male   | 16-18 | Chhetri    | No         |
| 2    | Ramesh KC    | Male   | 19-24 | Chhetri    | No         |

| 3  | Gopal Gautam         | Male   | 19-24 | Brahmin | No |
|----|----------------------|--------|-------|---------|----|
| 4  | Tara Pariyar         | Female | 25-30 | Dalit   | No |
| 5  | Rita Oli             | Female | 19-24 | Chhetri | No |
| 6  | Khadga Thapa         | Male   | 25-30 | Magar   | No |
| 7  | Hum Raj Pun          | Male   | 19-24 | Magar   | No |
| 8  | Sarad Kowar          | Male   | 16-18 | Yogi    | No |
| 9  | Sadbhab Khadka       | Male   | 16-18 | Chhetri | No |
| 10 | Sushil KC            | Male   | 19-24 | Chhetri | No |
| 11 | Dipak KC             | Male   | 19-24 | Chhetri | No |
| 12 | Namtrata Bohara      | Female | 19-24 | Chhetri | No |
| 13 | Nanda Khadka         | Female | 19-24 | Chhetri | No |
| 14 | Yamuna Khadka        | Female | 25-30 | Chhetri | No |
| 15 | Harishankar          | Male   | 19-24 | Brahmin | No |
| 16 | Sunil B.K.           | Male   | 19-24 | Dalit   | No |
| 17 | Rajesh Oli           | Male   | 19-24 | Chhetri | No |
| 18 | Badal Sharma         | Male   | 19-24 | Brahmin | No |
| 19 | Bishnu Pd Gautam     | Male   | 25-30 | Brahmin | No |
| 20 | Devendra Giri        | Male   | 25-30 | Chhetri | No |
| 21 | Amar Khadka          | Male   | 19-24 | Chhetri | No |
| 22 | Bishnu Prasad Gautam | Male   | 25-30 | Brahmin | No |

# Focus Group Discussion with Ministries/Government representatives and Youth Political Leaders

| S.N | FullName                  | Gender | Age   | Ethnicity | Disability | Organization Name                                    |
|-----|---------------------------|--------|-------|-----------|------------|--|
| 1   | Usha Lamichhane           | Female | 41-60 | Brahmin   | No         | Ministry of Education, Science and Technology        |
| 2   | Laxmi Silwal              | Female | 31-35 | Chhetri   | No         | Ministry of Agriculture and<br>Livestock Development |
| 3   | Dr. Maniratna Aryal       | Male   | 41-60 | Brahmin   | No         | Ministry of Agriculture and<br>Livestock Development |
| 4   | Muskan Shrestha           | Male   | 36-40 | Janajati  | No         | Municipal Association of Nepal (MuAN)                |
| 5   | Kamala Dahal              | Female | 41-60 | Brahmin   | No         | Ministry of Women, Children and Senior Citizens      |
| 6   | Rajani Thakur             | Female | 31-35 | Brahmin   | No         | National Planning Commission                         |
| 7   | Gehanatha Gautam          | Male   | 41-60 | Brahmin   | No         | National Youth Council                               |
| 8   | Ramesh Bhattarai          | Male   | 41-60 | Brahmin   | No         | National Youth Council                               |
| 9   | Sailendra Kumar<br>Thakur | Male   | 25-30 | Brahmin   | No         | Loktantrik Yuwa Sangh (Political<br>Party)           |

| 10 | Binaya Shah         | Male   | 25-30 | Chhetri | No | Rastriya Yuwa Sangh Nepal<br>(Political Party) |
|----|---------------------|--------|-------|---------|----|--|
| 11 | Sarojdil Biswokarma | Male   | 41-60 | Dalit   | No | Nepal Intellectual Forum                       |
| 12 | Bhawana Bhatta      | Female | 36-40 | Brahmin | No | Women Service Institute (WSI),<br>Nepal        |
| 13 | Dharmaraj Rimal     | Male   | 31-35 | Brahmin | No | Yuwalaya                                       |
| 14 | Puspa Thapaliya     | Female | 25-30 | Brahmin | No | Yuwalaya                                       |
| 15 | Dipendra Malla      | Male   | 25-30 | Brahmin | No | Obstract Cinema                                |
| 16 | Binod Chhetri       | Male   | 19-24 | Chhetri | No | Obstract Cinema                                |

Annex IV: Participants list of National level Workshop on Youth Led UPR Report Validation

|      |                  |        |       |              |            | Representative From            |
|------|------------------|--------|-------|--------------|------------|--------------------------------|
| S.N. | FullName         | Gender | Age   | Ethnic Group | Disability | Province/Organization          |
| 1    | Sadiksha Nepal   | Female | 19-24 | Brahmin      | No         | Youth Champion                 |
| 2    | Marky Neupane    | T.M.   | 19-24 | Brahmin      | No         | Unity For Change               |
| 3    | Mabi Shrestha    | Female | 19-24 | Janajati     | No         | Youth Champion                 |
|      |                  |        |       |              |            | Youth Representative from      |
|      | Saru Joshi       | Female | 19-24 | Janajati     | No         | Bagmati Province               |
| 5    | Abinash Karki    | Male   | 25-30 | Chhetri      | No         | Yuwalaya                       |
| 6    | Ranjana Shrestha | Female | 25-30 | Janajati     | No         | GNB Nepal                      |
| 7    | Reema Gurung     | Female | 19-24 | Janajati     | No         | World Food Forum               |
| 8    | Aarohi Adhikari  | Female | 19-24 | Brahmin      | No         | Yuwalaya                       |
| 9    | Anju Singh       | Female | 41-60 | Chhetri      | No         | Saathi                         |
| 10   | Bobi Rana Magar  | T.M.   | 19-24 | Janajati     | No         | Unity For Change               |
|      |                  |        |       |              |            | Women Service Institute (WSI), |
| 11   | Supriya Joshi    | Female | 25-30 | Chhetri      | No         | Nepal                          |
|      |                  |        |       |              |            | Food and Agriculture           |
| _    | Anup Dhakol      | Male   | 25-30 | Brahmin      |            | Organization                   |
|      | Nirmal Tamang    | Male   | 19-24 | Janajati     | No         | Unity For Change               |
| 14   | Usha B.K         | Female | 31-35 | Dalit        | No         | Prayas Nepal                   |
| 15   | Sanjeev Adhikari | Male   | 36-40 | chhetri      | No         | Yuwalaya                       |
| 16   | Sarmeen Jamal    | Female | 19-24 | Muslim       | No         | Yuwalaya                       |
| 17   | Bidhya Bista     | Female | 25-30 | Chhetri      | No         | Girls Kick                     |
| 18   | Madan Rokaya     | Male   | 19-24 | Dalit        | Yes        | BYAN                           |
| 19   | Nimesh Giri      | Male   | 19-24 | Janajati     | No         | Wolrd Food Forum Nepal         |
| 20   | Alina Pun Magar  | Female | 19-24 | Janajati     | No         | Red Cross Society              |
|      | Abhash           |        |       |              |            |                                |
| 21   | Budhathoki       | Male   | 25-30 | Brahmin      | No         | Ukaalo.com                     |
|      |                  |        |       |              |            | National Adolescent Girls      |
|      |                  | Female | 16-18 | Brahmin      | No         | Network                        |
| 23   | Dipendra Malla   | Male   | 25-30 | Chhetri      | No         | Abstract Cinema Pvt.Ltd        |

| 24  | Sambhav Subedi    | Male   | 25-30 | Brahmin  | No   | Abstract Cinema Pvt.Ltd        |
|-----|-------------------|--------|-------|----------|------|--------------------------------|
| 25  | Abhishek Tiwari   | Male   | 25-30 | Brahmin  | No   | CEZOP                          |
| 26  | Jeet B.K.         | Male   | 25-30 | Dalit    | No   | Clean Up Nepal                 |
|     |                   |        |       |          |      | Youth Representative from      |
| 27  | Yogendra Pun      | male   | 19-24 | Janajati | No   | Bagmati Province               |
|     |                   |        |       |          |      | National Adolescent Girls      |
| 28  | Anuska Neupane    | Female | 16-18 | Brahmin  | No   | Network                        |
| 29  | Pramod Shrestha   | male   | 36-40 | Janajati | No   | Yuwalaya                       |
| 30  | Puspa Thapaliya   | Female | 25-30 | Brahmin  | No   | Yuwalaya                       |
| 31  | Puskar Thapa      | male   | 25-30 | Chhetri  | No   | Shreechaur Youth Club          |
| 32  | Dahlia Pathal     | Female | 16-18 | Brahmin  | No   | United Academy                 |
| 33  | Ashok Khanal      | male   | 25-30 | Brahmin  | No   | Concern Society Nepal          |
| 34  | Anju Saud         | Female | 19-24 | Chhetri  | No   | Hami Daju Vai                  |
| 35  | Rhitik Shahi      | male   | 25-30 | Chhetri  | No   | Nepal Unites                   |
| 36  | Babita Ghimire    | Female | 19-24 | Brahmin  | No   | Plan International Nepal       |
|     | Basanta Bahing    |        |       |          |      |                                |
| 37  | Rai               | Male   | 25-30 | Janajati | No   | Bahing Yuba                    |
| 38  | Prerana Batala    | Female | 16-18 | Other    | No   | St. Lawrence College           |
| 39  | Sarthak Bhattarai | Male   | 25-30 | Brahmin  | No   | Yuwa                           |
| 40  | Chetana Tamang    | Female | 19-24 | Janajati | No   | Yuwa                           |
| 41  | Ashish Panta      | Male   | 19-24 | Brahmin  | No   | Yuwalaya                       |
| 42  | Rubina Tamang     | Other  | 25-30 | Janajati | No   | FSGMN/Blue Diamond Society     |
| 43  | Ashmita Thapa     | Female | 36-40 | Chhetri  | No   | Plan International Nepal       |
|     |                   |        |       |          |      | Youth Representative from      |
| 44  | Manisha Thapa     | Female | 19-24 | Chhetri  | No   | Nepal Law Campus               |
|     |                   |        |       |          |      | Women Service Institute (WSI), |
| 45  | Bhawana Bhatta    | Female | 36-40 | Brahmin  | No   | Nepal                          |
| 1.5 | E' ' 171 11       | 2.5.1  | 10.24 | D / C    | 3. T | National Adolescent Boys       |
|     | Firoj Khadka      | Male   | 19-24 | B/C      | No   | Network                        |
|     | Nujju Awale       | Female | 25-30 | Other    | No   | Smart Cheli                    |
|     | Bibek Tamang      | Male   | 19-24 | Janajati | No   | Yuwalaya                       |
|     | Saduka Pandey     | Female | 19-24 | Brahmin  | No   | Yuwalaya                       |
|     | Amresh Shah       | Male   | 25-30 | Madhesi  | No   | All In Foundation              |
|     | Nub Raj Bhandari  | 1      | 36-40 | B/C      | No   | IWAS                           |
|     | Sujata Bastola    | Female | 25-30 | B/C      | No   | Youth In Federal Discourse     |
|     | Reshi Karki       | Female | 25-30 | chhetri  | No   | Youth Representative           |
|     | Sabita Hyanji     | Female | 25-30 | Janajati | No   | FECOFUN                        |
|     | Dev Bahing        | Male   | 25-30 | Janajati | No   | YFIN                           |
|     | Pramila Sinchury  | Female | 19-24 | Dalit    | No   | Girls Out Loud                 |
|     | Bindu Shrestha    | Female | 19-24 | Janajati | No   | Girls Out Loud                 |
| 58  | Ngimi Sherpa      | Female | 19-24 | Janajati | No   | YFIN                           |
| 59  | Susmita Rai       | Female | 19-24 | Janajati | No   | Girls Out Loud                 |

| 60 | Matina Sharma     | Female | 25-30    | chhetri  | No | Visible Impact         |
|----|-------------------|--------|----------|----------|----|------------------------|
| 61 | Pratigya Kayastha | Female | 25-30    | Janajati | No | Yoshan                 |
| 62 | Eak Raj Chhatre   | Male   | 41-60    | Brahmin  | No | FOCUS- Nepal           |
| 63 | Rahul Dewan       | Male   | 25-30    | Janajati | No | Action Aid Nepal       |
| 64 | Suvarna Ghimire   | Male   | 25-30    | Brahmin  | No | NYCA                   |
| 65 | Pushpa Ghale      | Female | 36-40    | Janajati | No | People in Need Nepal   |
| 66 | Kala Rai          | Female | 25-30    | Janajati | No | NYCA                   |
| 67 | Krishna Khadka    | Male   | 19-24    | Brahmin  | No | Youth Representative   |
|    | Ram Krishna       |        |          |          |    |                        |
| 68 | Tharu             | Male   | 19-24    | Janajati | No | Youth Representative   |
| 69 | Ramaila Nepal     | Female | 19-24    | Brahmin  | No | National Youth Council |
| 70 | Dharmaraj Rimal   | Male   | 36-40    | Brahmin  | No | Yuwalaya               |
| 71 | Sweekriti Dangi   | Female | 19-24    | Chhetri  | No | Yuwalaya               |
| 72 | Sayha Shrestha    | Female | 41-60    | Janajati | No | INSEC                  |
|    | Top Bahadur       |        |          |          |    | National Human Rights  |
| 73 | Magar             | Male   | 60 above | Janajati | No | Commission             |
| 74 | Chanda Thapa      | Female | 41-60    | Chhetri  | No | National Youth Council |

## Annex V: Photographs

**Two Days Capacity Building Training** 





**Photographs from Provincial Consultations** 













# Focus Group Discussion with Ministries/Government Representatives and Youth Political Leaders





National Level Validation Workshop







